



- ITS OKAY TO NOT BE OKAY -  
LET US HELP YOU FIND HOPE AGAIN

# Santa Fe Resiliency Center

**STUDENTS: SCHOOL GETTING HARD?  
PARENTS, TEACHERS AND FIRST RESPONDERS:  
MARRIAGE STRUGGLING? WORKPLACE INTERACTIONS DIFFICULT?**

*Founded on Hope & Healing*

## Services Offered:

- Individual, Family & Group Counseling
- Family Reconciliation & Intervention Mediation Services
- A Variety of Community Presentations or Psycho-educational Trainings
  - *Suicide Prevention*
  - *The Impact of Trauma on the Individual, Family & Workplace*
  - *Spiritual Injury from Trauma*
  - *Building Better Relationships (BBR)* classes to improve communication and resolve conflict for all ages, because family conflict is a symptom of trauma!
  - Don't see what you want? Just call us!

**All services are available both in-person & virtually, in English & Spanish, secular or faith-based formats on request & definition of our clients. Play Therapy is available for children as young as 4. Free Service eligibility to anyone in the surrounding areas &/or relatives impacted by the mass violence of May 18, 2018, including Santa Fe ISD Staff - Students - Parents - City Employees - First Responders – Residents on a *Victim of Crime Act grant from the Governor's Office*. If not eligible for grant programs, IA has sliding-scale & takes most insurance for other issues unrelated to the mass violence, but sometimes clients do not realize the connection between their symptoms &/or current family conflict to trauma. An assessment can help you know.**